



## **Managing cash flow**

A healthy cash flow is vital to your business. This section covers cash flow forecasting and gives advice on how to improve cash flow in your business.

### **[Managing cash flow effectively](#)**

Your business depends on having more cash flowing into it than out. This article explains how to generate and use cash flow forecasts in your business.

### **[Dealing with cash flow problems](#)**

Before resorting to asking your bank for a loan, try these options to free up cash from within your business to solve your cash flow problems.

### **[Leveraging your finances when you have none](#)**

Improve your cash flow by looking inside your business for ways you can free up finances.

### **[What to do if you're in debt](#)**

Are you unable to pay your debts when they're due, or do you owe more than you own? Find out if your business is insolvent and what your options are.

### **[Purchasing insurance](#)**

An insurance policy is a contract between you and your insurance company. It is something you purchase to protect your possessions from unforeseen loss or damage.