

COVID-19

Rapid Antigen Testing Guide

Collecting your sample



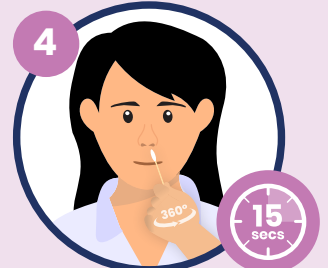
Remove a nasal swab from the pouch.



Insert the swab into one of your nostrils up to 2-3cm from the edge of the nostril.



Slowly roll the swab 5 times over the surface of the nostril. Using the same swab, repeat this collection process in the other nostril.

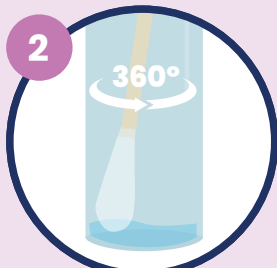


Take approximately 15 secs to collect the specimen. Slowly remove the swab from the nostril while rotating it.

Testing your sample



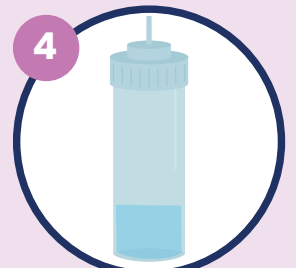
Peel off aluminium foil seal from the top of the extraction vial which contains the extraction buffer.



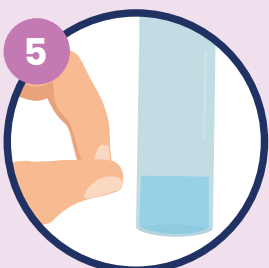
Place the swab into the extraction vial. Rotate the swab vigorously at least 5 times.



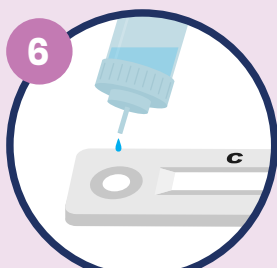
Remove the swab by rotating the swab against the vial, while squeezing the sides to release the liquid from the swab.



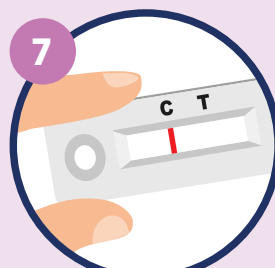
Close the vial with the provided cap and push firmly onto the vial.



Mix thoroughly by flicking the bottom of the tube.



Turn vial upside down and hold sample over sample well. Squeeze vial gently. Allow 3 drops to fall into the sample well.



After 10 minutes read and interpret the test result. The test result should not be read and interpreted after 15 minutes.

Your result



Positive: Two distinct colour lines appear. One red next to the C and one blue next to the T.



Negative: One red coloured line only next to the C.



Invalid: If a red coloured line does not appear at all next to the C, the result is not viable.

TO FIND OUT MORE
please visit www.health.govt.nz

Key information

What happens if my rapid antigen test result is invalid?

- If your kit allows it, take one more test.
- If unable to or your second test is invalid, contact Healthline and follow their advice.

What happens if my rapid antigen test result is positive?

If the result of your rapid antigen test is positive, you must:

- Self-isolate at your place of accommodation
- Go for a COVID-19 swab test to confirm the result as soon as possible – visit www.healthpoint.co.nz/covid-19 to find the closest testing provider
- Follow all COVID-19 public health measures
- Contact Healthline for any COVID-19 health advice on **0800 358 5453**

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